



# Cheat Sheet 2024



## PACK MY RX



If your child takes medication or vitamins (not gummies) daily, you are **REQUIRED** to register with **Pack My RX**.

All pills will be sealed in labeled packets. All medicine will be shipped to camp prior to your camper's arrival **DO NOT** send loose pills or any unauthorized medication to camp with your child!

**Non-compliance will result in a \$100 fine.**

## PARENT HANDBOOK



or visit

[www.camplenox.com/parent-handbook](http://www.camplenox.com/parent-handbook)

## IMPORTANT DATES

New Camper Open House	Sunday, June 9, 2024 (11:00 AM - 3:30 PM)
Camp Begins	Saturday, June 22, 2024
Parents' Visiting Day	Saturday, July 13, 2024 (9:30 AM - 3:30 PM)
First Session Departure	Friday, July 19, 2024
Second Session Arrival	Saturday, July 20, 2024
Rookie Experience for Prospective Campers	Sunday, July 21, 2024 (10:00 AM - 3:00 PM)
Camp Ends	Friday, August 9

## COMPLETE FORMS



Download the **Campanion App** to complete forms.  
**All forms are due June 1!**

## HOW TO CONTACT CAMP

Winter Phone:  
413.243.2223

Summer Phone:  
413.243.2223

Summer Fax:  
413.243.3446

Email:  
[info@camplenox.com](mailto:info@camplenox.com)

### WINTER ADDRESS

Camp Lenox  
1333 NW 4th Ave  
Delray Beach, FL 33444

### SUMMER ADDRESS

Camp Lenox  
2042 North Main Rd.  
Otis, MA 01253



Pediatric Cancer  
FOUNDATION

We are proud to continue our support of the Pediatric Cancer Foundation in their 53rd year. Your donations on behalf of our annual Camp-a-Thon are greatly appreciated. **THANK YOU!**  
Donate at <https://secure.ggiv.com/event/pcfcampathon2024/> on the Camp-a-Thon page.

## CAMPER PHONE CALLS

Campers call home between  
June 27th and July 31st.

Full-Summer: 3 Calls

Half-Summer: 2 Calls

Birthday Phone Calls are between 8:45 AM and 9:45 AM

Check your email soon for a phone call schedule!

## THE CAMP STORE



Explore the Lenox Canteen General Store for  
everything Lenox online!

## THE CAMP SPOT



Order your official Lenox athletic apparel early!  
Scan to browse the catalog and learn about fit kits.

## FULL TOWEL SERVICE



Bath and Beach Towels are **PROVIDED!**  
Do not send any towels to camp.

## TRANSPORTATION

BUS STOPS

### LONG ISLAND

#### TO CAMP:

June 22  
Assemble 8:30 AM  
Departs 9:30 AM

#### FROM CAMP:

August 9  
Arrives 11:00 AM

Macy's  
1100 Northern Blvd  
Manhasset, NY 11030

### WESTCHESTER

#### TO CAMP:

June 22 & July 20  
Assemble 10:00 AM  
Departs 11:00 AM

#### FROM CAMP:

July 19 & August 9  
Arrives 10:30 AM

JCC of Mid Westchester  
999 Wilmot Rd,  
Scarsdale, NY 10583

### NEW JERSEY

#### TO CAMP:

June 22  
Assemble 9:15 AM  
Departs 10:15 AM

#### FROM CAMP:

August 9  
Arrives 11:00 AM

Saddle Brook Marriott  
138 New Pehle Ave.  
Saddle Brook, NJ  
07663

CAR

**Opening Days (June 22 & July 20):**

Arrive between 9:00 - 11:00 AM for drop-off.

**Closing Days (July 19 & August 9):**

Arrive between 9:00 - 10:00 AM for pick-up.

AIR

**Flying to camp?**

Contact our office prior to booking flights.

Florida campers flying on **Friday, June 21** and **Friday, August 9** should select **Florida Flight** when submitting their transportation plans. We book these flight for you!

Campers should wear an **orange t-shirt** and bring snacks.

In order to receive important information from camp in the coming months, please **OPT-IN** to receive text messages. We will only send camp/camper relevant info via text.

## CAMPER BAGGAGE

Domestic families in the **Northeast** should use  
R&B Baggage for their camper's baggage.

NEW!

R&B  
Baggage



Domestic families in **Florida** and **other areas**  
should use Ship Camps for their camper's  
baggage.

SHIP  
CAMPS



We strongly encourage all domestic families to  
use the corresponding delivery service for their  
camper's baggage.

Electronic devices and cell phones are **NOT** permitted at camp!

Leave all electronics and valuables at home!

MP3 players (e.g. Campfire Player), e-readers, and cameras are allowed.