



Cheat Sheet 2023



PACK MY RX



If your child takes medication or vitamins (not gummies) daily, you are **REQUIRED** to register with **Pack My RX**.

All pills will be sealed in labeled packets. All medicine will be shipped to camp prior to your camper's arrival **DO NOT** send loose pills or any unauthorized medication to camp with your child!

Non-compliance will result in a \$100 fine.

PARENT HANDBOOK



or visit

www.camplenox.com/parent-handbook

IMPORTANT DATES

New Camper Open House Sunday, June 11, 2023
(11:00 AM - 3:30 PM)

Camp Begins Saturday, June 24, 2023

Parents' Visiting Day Saturday, July 15, 2023
(9:30 AM - 3:30 PM)

First Session Departure Monday, July 17, 2023

Second Session Arrival Tuesday, July 18, 2023

Camp Ends Friday, August 11, 2023

**Rookie Experience
for Prospective Campers** Sunday, July 22, 2023
(10:00 AM - 3:00 PM)

COMPLETE FORMS



Download the **Campanion App** to complete forms.
All forms are due June 1!

HOW TO CONTACT CAMP

Winter Phone:
413.243.2223

Summer Phone:
413.243.2223

Summer Fax:
413.243.3446

Email:
info@camplenox.com

WINTER ADDRESS
Camp Lenox

1200 NW 17th Ave. Suite 14
Delray Beach, FL 33445

SUMMER ADDRESS
Camp Lenox

2042 North Main Rd.
Otis, MA 01253



**Pediatric Cancer
FOUNDATION**

We are proud to continue our support of the Pediatric Cancer Foundation in their 52nd year. Your donations on behalf of our annual Camp-a-Thon are greatly appreciated. **THANK YOU!** Donate at <https://secure.ggiv.com/event/pcfcampathon2023> on the Camp-a-Thon page.

CAMPER PHONE CALLS

Campers call home between
June 29th and August 2nd.

Full-Summer: 3 Calls

Half-Summer: 2 Calls

Birthday Phone Calls are between 8:45 AM and 9:45 AM

Check your email soon for a phone call schedule!

THE CAMP STORE



Explore the Lenox Canteen General Store for
everything Lenox online!

THE CAMP SPOT



Order your official Lenox athletic apparel early!
Scan to browse the catalog and learn about fit kits.

FULL TOWEL SERVICE



Bath and Beach Towels are PROVIDED!
Do not send any towels to camp.

TRANSPORTATION

BUS STOPS

LONG ISLAND

TO CAMP:

June 24
Assemble 8:30 AM
Departs 9:30 AM

FROM CAMP:

August 11
Arrives 11:00 AM

Roosevelt Field Mall
630 Old Country Rd.
Garden City, NY

WESTCHESTER

TO CAMP:

June 24 & July 18
Assemble 10:00 AM
Departs 11:00 AM

FROM CAMP:

July 17 & August 11
Arrives 10:30 AM

Jembro
427 Boston Post Rd.
Port Chester, NY

NEW JERSEY

TO CAMP:

June 24
Assemble 9:15 AM
Departs 10:15 AM

FROM CAMP:

August 11
Arrives 11:00 AM

Saddle Brook Marriott
138 New Pehle Ave.
Saddle Brook, NJ

Macy's SW Parking Lot | Main Parking Lot | Main Parking Lot

Opening Days (June 24 & July 18):

Arrive between 9:00 - 11:00 AM for drop-off.

Closing Days (July 17 & August 11):

Arrive between 9:00 - 10:00 AM for pick-up.

Flying to camp?

Contact our office prior to booking flights.

Florida campers flying on Friday, June 23 and Friday, August 11 should select Florida Flight when submitting their transportation plans. We book these flight for you!

Campers should wear an **orange t-shirt** and bring snacks.

CAR

AIR

CAMPER BAGGAGE

Domestic families in the **Northeast** and
Florida should use Camp Trucking for their
camper's baggage.

CAMP TRUCKING



Domestic families in **other areas** should use
Ship Camps for their camper's baggage.

SHIP CAMPS



We strongly encourage all domestic families to
use the corresponding delivery service for their
camper's baggage.

NO ELECTRONICS ALLOWED!



Electronic devices and cell phones are **NOT** permitted at camp!
Leave all electronics and valuables at home!
MP3 players (e.g. Campfire Player), e-readers, and cameras are allowed.